



...Home cooked food delivered to your table

Kitchen: 021 930 2273 | Cell: 082 853 7879 | Fax: 086 636 5801

www.dial-a-chef.co.za | info@dial-a-chef.co.za

Since 1999

BEVRORE ETES IN FOELIE / FROZEN MEALS IN FOIL **(Mikrogolf vriendelik / Microwave safe)**

send e-mail to info@dial-a-chef.co.za for order form

LAE KOOLHIDRAAT REEKS / LOW CARB RANGE

	350g	700g	1.2kg	
	Serv 1	Serv 2/3	Serv 4/5	
Hoender Tikka Masala	R50	R85	R165	Chicken Tikka Masala
Hoender Cordon Bleu	R50	R95	R165	Chicken Cordon Bleu
Hoender met Olywe, Salami & Capers	R50	R95	R165	Chicken with Olives, Salami & Capers
Lasagne met Spek & Murgpampoer	R50	R95	R165	Lasagne with Bacon & Baby Marrows
Moussaka	R50	R95	R165	Moussaka
Gegeurde Maalvleis met Groente	R50	R95	R165	Savoury Mince with Vegetables
Herderspastei met Spek	R50	R95	R165	Shepherd's pie with Bacon
Korslose Brokkoli, Spek & Kaaspastei	R50	R95	R165	Crustless Broccoli, Bacon & Cheese Pie

GEWONE REEKS / ORDINARY RANGE

	350g	700g	1.2kg	
	Serv 1	Serv 2/3	Serv 4/5	
Spinasie & Feta Lasagne	R49	R95	R160	Spinach & Feta Lasagne
Lasagne	R49	R95	R160	Lasagne
Romerige Suurlemoen Hoenderpasta	R49	R95	R160	Creamy Lemon Chicken Pasta
Bobotie	R49	R95	R160	Bobotie
Herderspastei	R49	R95	R160	Cottage Pie
Kerrie Herderspastei	R49	R95	R160	Curry Cottage Pie
Spaghetti Bolognaise	R49	R95	R160	Spaghetti Bolognaise
Kerrie-piesang Frikkadelle	R49	R95	R160	Meatballs in Curried Banana Sauce
Tamatiepasta Frikkadelle	R49	R95	R160	Meatballs in Tomato Pasta Sauce
Lamskenkelpotjie met Baba Uie	R52	R97	R165	Lamb Shank Potjie with Baby Onions
Lamskenkelpastei	R52	R97	R165	Lamb Shank Pie
Lamskerrie	R52	R97	R165	Lamb Curry
Beef Stroganoff	R52	R97	R165	Beef Stroganoff
Peper Biefstukpastei	R52	R97	R165	Pepper Steak Pie
Soet-suur Hoender-roerbraai	R49	R95	R160	Sweet & Sour Chicken Stir-fry
Heuning & Mosterd Hoender	R49	R95	R160	Honey & Mustard Chicken
Hoender á la King	R49	R95	R160	Chicken á la King
Hoenderpastei	R49	R95	R160	Chicken Pie
Brokkoli Hoender	R49	R95	R160	Chicken Broccoli
Thai Botterhoender	R49	R95	R160	Thai Butter Chicken
Korslose Brokkoli, Spek & Kaaspastei	R52	R97	R165	Crustless Broccoli, Bacon & Cheese Pie



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	GROENTE & RYS	350g	700g	VEGETABLES & RICE
Verskeidenheid Groente met Kaassous	R26	R53	Vegetable Variety with Cheese Sauce	
Geroosterde Groente	R26	R53	Roasted Vegetables	
Soetpatats	R26	R53	Sweet potatoes	
Pampoenpoffers	R26	R53	Pumpkin Puffs	
Pampoenpastei	R26	R53	Pumpkin Pie	
Gebraaide Batterskorsie	R26	R53	Fried Butternut	
Roomspinasië	R26	R53	Cream Spinach	
Roomspinasië met Groente	R26	R53	Cream Spinach with Vegetables	
Witrys	R14	R23	White Rice	
Basmatiry	R16	R29	Basmati Rice	
Gegeurde Rys (spek, sampioene, uie & pepers)	R26	R53	Savoury Rice (bacon, mushrooms, onions & peppers)	

NAGEREG 350g 700g PUDDING

Malva	R31	R60	Malva
Sago	R31	R60	Sago

MINI QUICHES 6 12 MINI QUICHES

Spek & Feta	R52	R96	Bacon & Feta
Ham & Sampioen	R52	R96	Ham & Mushroom
Hoender, Brokkoli & Kaas	R52	R96	Chicken, Broccoli & Cheese

LAE KOOLHIDRAAT SOP / LOW CARB SOUP

	350ml	850ml	
Room van Prei & Blomkool met Salami	R 16	R 37	Cream of Leek & Cauliflower with Salami
Romerige Blomkool, Spinasië & Sampioen	R 14	R 37	Creamy Cauliflower, Spinach & Mushroom
Klapper, Batterskorsie & Hoender	R 14	R 37	Coconut, Butternut & Chicken
Batterskorsie	R 14	R 37	Butternut
Biltong & Blou Kaas	R 17	R 43	Biltong & Blue Cheese

◆ A minimum deposit of 60% of the total amount is payable when the order is placed.

◆ For orders less than R1000,00 a delivery fee of R80,00 is payable.

◆ Delivery on Saturday is possible when your order is more than R1500.00

◆ For delivery after 18h00 a delivery fee of R150,00 will apply.

Bank Details: ABSA Cheque account

TS Krüger - 340 150 139 Branch Code - 63 20 05

Your Name and Surname as our Reference please

Shop 4 | De Tijger Centre | 27 Hannes Louw Drive | De Tijger | Parow

P.O. Box 6304 | Parow East | 7501